

# Cozy Corner Preschool

## June News

### Dear Parents and Guardians,

This month we will be exploring the outdoors by discovering the different green spaces around the Lewis Centre! With the warmer weather we are spending more time exploring outside. We want to remind families to put on your child's sunscreen before class. Bring a labelled hat and have your child wear appropriate foot wear (no flip flops please).

On Thursday, June 19 and Friday, June 20: **Splash Day**

We will be ending the preschool year with a Splash Day. It is the ultimate way to welcome summer, featuring water activities like water balloons, water wall, bubble bonanza and ice smash. Please have your child bring a sun shirt or change of clothes on June 19 and June 20 as we will be getting wet.

We have been noticing lots of BIG FEELINGS within the children, which is typical with any awaited change (end of preschool year, Kindergarten transition etc). For the next few weeks we will be emphasizing the following topics:

- 1) Understanding Big Feelings: recognize and name their emotions; it's the first step in learning how to manage them
- 2) Calming Our Bodies: practicing calming strategies like deep breathing, count to 5, using quiet spaces
- 3) Kind words, Kind Hands: encouraging gentle interactions
- 4) Working through Conflict: learning to solve problems together by use of our words
- 5) Celebrating Positive Choices: praising positive behaviours like sharing, helping friends and taking turns
- 6) Emotions Check-Ins: Taking time to check in on how we're feeling. Using visuals and simple questions, will help children learn to reflect and build awareness of the inner world

### September 2025

For those whose children are returning we ask you to pay the \$50 annual registration fee before **June 30** to secure your space. If the fee is not paid we will offer your spot to the next child on the waitlist.

We would like to thank you for allowing us to learn and grow with your children. It has been an amazing year with many memories to cherish.

#### Dates to Remember:

**Father's Day** - June 15

#### Last Day of Classes:

June 19 - Tues/Thurs classes

June 20 - M/W/F classes

Many thanks,  
Cozy Corner Preschool



**Courtenay  
Recreation**

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